

July is UV Safety Month

By learning the risks associated with too much sun exposure and taking the right precautions to protect you and your family from UV rays, everyone can enjoy the sun and outdoors safely.

Unprotected sun exposure can:

- Cause vision problems and damage your eyes
- Suppress the immune system
- Prematurely age your skin
- Lead to skin cancer

TIPS TO PROTECT YOUR SKIN

There are simple, everyday steps you can take to safeguard your skin from the harmful effects of UV radiation from the sun.

