

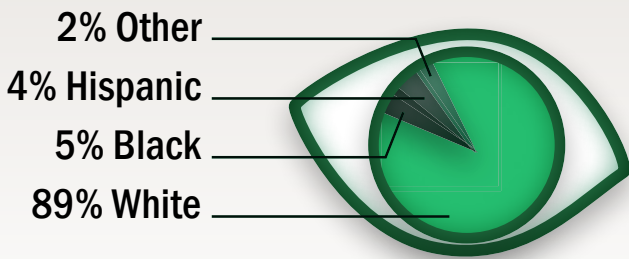
AGE-RELATED MACULAR DEGENERATION (AMD)

FACTS & PREVENTION TIPS



A LEADING CAUSE OF VISION LOSS IN THE U.S.

AMD Is a leading cause of vision loss in the U.S. It destroys the macula, the part of the eye that provides sharp central vision needed for seeing objects clearly.



2.2 million people in the U.S. have AMD

RISK FACTORS

Being over age 50

Smoking

White race

Family history of AMD



REDUCE YOUR RISK

Avoid Smoking

Exercise regularly

Maintain normal blood pressure and cholesterol

Eat healthy diet that includes green leafy veggies and fish



MAY IS HEALTHY VISION MONTH

